

Apple Valley Woodturners

AAW Chapter in Winchester, Virginia



<https://www.applevalleywoodturners.info>



<http://www.woodturner.org/>

AVW Officers:

President:

Roger Marchant

president@applevalleywoodturners.info

Vice-President:

Mark Zimmerman

vp@applevalleywoodturners.info

Secretary:

Scott Reynolds

secretary@applevalleywoodturners.info

Treasurer:

Mike Fraser

treasurer@applevalleywoodturners.info

Program Director:

Andrea Melillo

progdir@applevalleywoodturners.info

Newsletter Editor:

Steve Halliday

newsletter@applevalleywoodturners.info

Website Director:

Mark Zimmerman

webmaster@applevalleywoodturners.info

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Website

<https://bit.ly/4jXwCHI>



Oct 2025 Newsletter

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Notes from the President

Thanks to everyone who helped with the Apple Harvest Festival booth. Whether you helped setup, take down, made apples, or donated items to be sold. We grossed \$635.00 in sales which after our costs left us with \$397.65 to add to the clubs bank account for future events. Great job.

Roger

From the Editor

Apple Harvest Festival went well. Here are a couple of photos of the booth.



The Mid Atlantic Woodturning Symposium was fantastic. Jeff and Lindsay Shumaker, Lyle Hill and I had a



great time. The event was in Lancaster PA, in theory a short 2.5-hour drive, but with accidents and roadworks, I don't think that any of us made it in that short a time. As well as some great demonstrators, there was an instant gallery area where the attendees got to show some of their pieces. Although both Jeff and I showed some pieces, we did not win any of the

awards. The quality was very high. Lindsay, Jeff and Lyle all won something in the raffle. Next year's event will not clash with Apple Harvest and will be in a different location (still Lancaster PA).

Here are a few pictures from the event. I have shown the maker's name below the pictures. As you can see the standard was high (Greg, Eiko and Helen were demonstrators).



Instant Gallery



Instant Gallery



Mike Kuterbach



Eiko Tanaka



Greg Galleos



Helen Bailey



David Flicker



Michael Kehs



Kip Lockhart

Member Exhibition

Mark Zimmerman and his wife, Ellen (who's a photographer) will have a joint show in the artist's gallery at Trilogy at Lake Frederick from October 20th through November 10th; the gallery is located in the lobby of the Region's 117 restaurant, to the left as you enter the restaurant building. The show will include Ellen's framed and unframed photographs, Mark's woodturnings, and some collaborative pieces that include Ellen's photos in unique frames that Mark made on his lathe.

Don't forget to send in your entries for the gallery pages on the web site. Download the [agreement form](#) and send the form and pictures to webmaster@applevalleywoodturners.info. NOTE: The pictures must be of your own work.

Remember: the deadline for entries for the newsletter is two weeks before the monthly meeting. You can send anything for inclusion in the newsletter to me at newsletter@applevalleywoodturners.info.

Program Schedule

The Apple Valley Woodturners Mission is:

“To educate our members, other woodturners, and the public in and about the art and craft of woodturning.”

The meetings take place on the third Saturday of the month at NW Works, Inc. starting at 9:00 am and usually comprise the following events:

- Meeting Notices etc.
- Show and Tell (bring your latest turnings to share with the members) including the challenge for the month.
- Raffle and “Win one – Turn one” (We have a “win one – turn one” raffle where, if you want to participate, you get a free ticket and if your ticket is drawn, you win the piece turned by someone else – BUT – you agree to bring a piece the following month to be raffled.)
- Demonstration

The demonstrators currently booked for 2025 are:

October: Tim Gregory will demonstrate how to make a pepper mill. Skills session will be a battle tops workshop

November: Jason Breach - Japanese Box. This is an IRD (Interactive Remote Demo) and it will start



promptly at 10:00am (Jason is in the UK, so we will start promptly). To learn more about Jason you can visit his website at

<https://www.jasonbreach.co.uk/>, or his bio and examples of his work on The Worshipful Company of Turners website - <https://turnersco.com/craft/awards/yeoman-programme/jason-breach/>.

December: Battle tops, ornament exchange, Dinner and Business Meeting.

2026 Demonstrators currently booked.



January (on a Monday night, January 19) – Emma Cook.

From England, Emma is a very talented woodturner. Known as the Tiny Turner, she is currently the chair of the UK Register of Professional Turners

(<https://www.registerofprofessionalturners.co.uk/>) and is a Freeman of the Worshipful Company of Turners

(<https://turnersco.com/>). You can visit her web site at <https://www.thetinyturner.co.uk/>



October – Stewart Furini.

Best known for his decorated pieces, Stewart is a member of the UK Register of Professional Turners (<https://www.registerofprofessionalturners.co.uk/>). His web site is <https://www.stewartfuriniwoodturning.co.uk/>

The Saturday following the meeting is a skills event. Meeting at the same place, at 9:00 am, this is your chance to bring that troublesome piece and get some expert advice on how to solve your problem. Occasionally this session is used to hold a hands-on session to follow on from the meeting demonstration. There may be a small charge for this, and numbers are limited to the number of available lathes, so sign up early.

October Meeting Notice and Program

The next meeting will be on the 18th October. There will be a Skills session on 25th October. The meeting will start at 9am and Tim Gregory will demonstrate how to make a pepper mill. As usual there will be show and tell and a raffle. Don't forget your "Little and Large" pieces.

Show-And-Tell

Every month at the main meeting, attendees are encouraged to bring their turned items to show the rest of the attendees. Also, every month we have a club challenge. This is your chance to participate and show everyone your view of things. It is not compulsory and there are always lots of ways to meet the challenge. The challenges set so far are:

September: No challenge as there was NO MEETING.

October: A chance for something different that everyone can participate in. The challenge is "**Little and Large**". You must make two nearly identical items, though one should be large and the other small. Think bowls, candle sticks, vases, etc. Your choice.

November: Snowman. Get ready for the holidays, and show us what you can do.

Challenges are usually announced at the meeting prior so there is a full month to get the piece made.

Program Report

There was no September meeting due to the Apple Harvest Festival (see above)

Treasurer's Report

We will usually include a report from the Treasurer each month so that you are aware of the financial state of the club.

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|-----------------------------------|------------|
| Beginning Bank Balance (9/1/2025) | \$ 6607.33 |
| Deposits | \$ 1887.31 |
| Checks/EFT Cleared | \$ 1586.52 |
| Ending Bank Balance | \$ 6908.12 |

| | |
|-------------------|------------|
| Checks Pending | \$ 52.64 |
| Pending Deposits: | \$ 0.00 |
| Cash for Change: | \$ 50.00 |
| PayPal Balance | \$ 630.56 |
| Total available | \$ 7536.04 |

Tips and Tricks

This month's tip is provided by Mark Zimmerman:

Some of you may know of Beth Ireland, a professional woodturner who's been teaching our craft for 40 years. Beth did a demo and workshop for our club many years ago (maybe 15?), and she stayed at our house for a few days. I've also taken her 2-week woodturning intensive course at the Center for Furniture Craftsmanship in Rockport, Maine, and I learned a tremendous amount from that experience.

Beth has started a new project called the Beth Ireland Studio, with lots of great information on her YouTube channel and in her library of articles. Here's an informational piece I received from her recently, with links to the various platforms:

[Beth Ireland Studio](#) launched 2 months ago!

In case you missed it, here's [the background about why I decided to create Beth Ireland Studio](#), what we hope to do, and why I'm so excited about it.

The response has been wonderful. People are watching the videos on our [YouTube channel](#) and [reading the articles](#) on the website (2812 readers and 3193 views). And I've been hearing from so many of you—students and colleagues I've met over my 40 years of teaching, woodturning and advocating for empowering people through handmaking.

I am writing to you personally because you have supported my projects in the past. Beth Ireland Studio may be the biggest project of them all—sharing what I've learned as an artist, craftsperson and teacher. I want to make this information free and accessible to as many people as possible.

Please help me spread the word by sharing what we're up to at [Beth Ireland Studio](#) with your friends, colleagues, and organizations.

Also, please subscribe to the Beth Ireland Studio [YouTube channel](#). We're aiming to get 1000 subscribers to monetize the videos so we can devote more time to creating content. The list of what I want to share and teach is always growing—from tips and strategies in the shop, to full woodturning/woodworking courses, and my recent curiosities like printmaking and making my own clothes.

Lastly, check out the [Beth Ireland Studio Store](#) for our custom-designed swag. The t-shirts, hoodies, mugs, aprons, and totes would make great gifts while helping us continue our important work of teaching, inspiring and building community.

Have a tip or trick you would like to share, send it to newsletter@applevalleywoodturners.info.

YouTube Suggestions

Some YouTube feeds from other clubs – Part 2:

<https://www.youtube.com/@westgeorgiawoodturners318>

<https://www.youtube.com/@quadcitieswoodturners6416>

<https://www.youtube.com/@centralnewenglandwoodturner6800>

<https://www.youtube.com/@NorCalWoodturners>

Send me your favorite YouTube channels.

Guest Editorial

This month an article came from the August 2002 AVW Newsletter. The author is not known.

Wood Dust: A concern for all woodworkers

When assessing the potential for adverse health effects from dust ingestion, the key questions involve how much, how big, and how long. As with many health effects, there is not a consensus on quantitative limits. However, experts agree that the less dust ingested the less likelihood of health problems.

Chronic inhalation of wood dust may damage the lung's cleaning system. When this happens, a vicious circle begins as more dust collects and further damages the lungs. The body responds with an inflammatory response, The bronchial airways become red, swollen, and painful. Swelling decreases the diameter of the airways and produces shortness of breath. Woodworkers who are affected tend to develop symptoms similar to those with chronic bronchitis and emphysema. While inhaling wood dust is not as harmful as smoking, it can be dangerous.

Dust particles can be classified into two groups: those smaller than 10 microns in diameter and those greater than 10 microns (24,500 microns equals 1 inch). Particles less than 10 are respirable (small enough to negotiate the tiny airways that reach deep into the lungs). Particles greater than 10 microns tend to get trapped in the larger airways. It is worth remembering that you can only see non-respirable dust.

Per the American Conference of Governmental Industrial Hygienist, the maximum level of airborne respirable particles should average less than 5 milligrams of dust per cubic meter of shop space in 8 hours. Other studies suggest 2 milligrams per cubic meter.

To put this in perspective, consider a shop located in a typical two car garage

21'x27'x9' => 145 cubic meters

At 2 milligrams per cubic meter => 1/3 gram => ~ 1/10 teaspoon

Perhaps the 2-milligram limit is not realistic, but this example puts the challenge in perspective,

Strategies to avoid problems with dust include:

- 1- Reduce dust generation. Larger particles are less hazardous because they settle out more quickly and are more easily captured by a dust collection system. Hand sanding produces fine dust. However, power sanding, including sanding on a turning lathe, is most responsible for creating lingering dust clouds in the shop. Using sharp tools and cutting rather than scraping techniques will also reduce dust generation.
- 2- Capture dust before it becomes airborne. Using a dust collection system with appropriate dust pick up devices will help. However, a dust collection system isn't a substitute for a dust respirator. Most systems come with inexpensive cotton sateen bags. These capture dust particles down to 10 microns. Typical air flow to bag surface area is about 20 cubic feet per min (CFM) /sc.

ft. of bag surface, Knit polyester captures dust particles down to 5 microns. Typically, these bags allow approximately 50 CFM per sq. ft. of bag surface area.

- 3- Use an air cleaner.
- 4- Use a good respirator and dust mask.

If you would like to write an article or editorial for the newsletter, let us know. It must be woodturning related.

For Sale/Wanted

List your surplus woodturning related equipment or your needs here.

Support Our Friends



<http://www.mcfarlandsmill.com>

161 Woodchuck Lane, Winchester, VA 22602


mcfarlandsmill@comcast.net

Phone: (540) 667-2272 FAX: (540) 722-6261

Hours: Mon-Wed, Fri 7:00-3:30; Thu 7:00-6:00; Sat 8:00-1:00

We all know and appreciate what McFarland's Mill does for our club. Please stop by to thank them for their help and, even better, purchase your turning supplies from them to support them for supporting us! Stephanie and Robert will appreciate your patronage, for sure.

In case you don't already know, they carry a variety of items from the Rockler catalog and, if they do not have something in stock, they will order it for you (sale prices, discounts, and specials apply) and you will not have to pay for shipping -a good deal! Contact Stephanie by phone or email.

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| <p>Joe Lehnen Forest Utilization & Marketing Specialist</p> <p>Virginia Department of Forestry Charlottesville - Headquarters 900 Natural Resources Drive Charlottesville, VA 22903</p> <p>O: 434-977-6555 C: 434-987-8722 joe.lehnen@dof.virginia.gov www.dof.virginia.gov</p> |  <p>Shane Wagoner, 540-364-2401 P.O. Box 398, Marshall, VA 20116</p> |
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Benefits of AAW Membership

AVW is a Chapter of the American Association of Woodturners (AAW), the largest organization for woodturners in the world. You can enjoy a free 60-day trial membership by going to <http://www.woodturner.org>. In addition to home delivery of their award-winning bimonthly publications, American Woodturner and FUNDamentals, there is always something new to learn and discover on the AAW web site.

What's Going On

Mid Atlantic Woodturning Symposium <https://mawts.com/event/>

Date: 09/19/25 - 09/21/25

Location: The Lancaster Marriott / Convention Center at Penn Square

Address: 25 S Queen St, Lancaster, PA 17603

Phone:(717) 239-1600

Other symposiums:

| | |
|-----------------|----------------------------------------------------------------------------------------------------------------|
| August 22-24 | Southwest Association of Turners Symposium, Waco Convention Center, Waco, Waco TX |
| Sept 13-14 | Long Island Woodworkers 27th Annual Woodworking Show, Cradle of Aviation Museum in Garden City, NY |
| Sept 19-21 | Rocky Mountain Woodturning, Loveland, CO |
| Sept 20-21 | Apple Harvest, Clearbrook Fairgrounds, (AVW is participating) |
| Sept 26-28 | Segmented Woodturning Symposium, Crown Plaza Hotel, Northbrook, IL |
| October 10-12 | Ohio Valley Woodturners Guild Symposium 2025 West Harrison, IN |
| Jan 9-10, 2026 | SW Florida Wood Art Expo Charlotte Harbor Event Center Punta Gorda, FL |
| Jan 30-31, 2026 | Tennessee Association of Woodturners 2026 Symposium Franklin Marriott Hotel and Convention Center Franklin, TN |
| Feb 20-22, 2026 | Florida Woodturning Symposium RP Funding Center Lakeland, FL |
| June 4-7, 2026 | AAW Symposium, Raleigh, NC, |

Virginia Clubs

Catoctin Area Turners

Areas served: Serving western Loudoun County, Maryland

Contact: https://www.catoctinareeturners.org/content.aspx?page_id=4&club_id=779723

Meetings: Thursday before the 3rd Saturday each month, 6:30-? pm at the Leesburg Volunteer Fire Department, 215 W. Loudoun Street, Leesburg, VA (Note: See web site for meeting exceptions in January and July.)

Web: <https://www.catocinareeturners.org/>

Capitol Area Woodturners

Areas served: Northern VA, DC, and MD.

Contact: <https://capwoodturners.org/membership/#contact>

Meetings: Pimmit Hills Center located at 7510 Lisle Ave, Falls Church VA 22043... second Saturday of each month, 8:00 am for "Social & Donuts", 8:30 am for show and tell and 9:00 am for business meeting and demo.

Web: <http://www.capwoodturners.org/>

Central Virginia Woodturners

Areas served: from Charlottesville to Staunton to Harrisonburg.

Contact: <https://centralvawoodturners.org/contact-us/>

Meetings: Third Tuesday of each month, 6:30-9:00 pm, at the Crimora Community Center, 1648 New Hope and Crimora Road, Crimora, VA 24431,

Web: <http://www.centralvawoodturners.org/>

Mid-Maryland Woodturners Club

Areas served: Serving the Frederick, Maryland area.

Contact: https://www.mmwtc.org/content.aspx?page_id=4&club_id=840995

Meetings: Wednesday before the third Saturday of each month at 6:45 pm at Bethel Lutheran Church, 9664 Opossumtown Pike, Frederick MD 21702

Web: <http://www.mmwtc.org/>

Tidewater Turners

Areas served: Serving the Norfolk, Virginia, area.

Contact: tidewaterturners@gmail.com

Meetings: Fourth Tuesday of each month, 6:30-8:30 pm, at the Woodcraft of Norfolk/Virginia Beach 5802 E. Virginia Beach Blvd, Suite 152, Norfolk, VA 23502

Web: <http://tidewaterturners.net/>

Woodturners of the Virginias

Areas served: Serving the foothills of the Shenandoah Valley and neighboring West Virginia

Contact: <https://woodturnersofthevirginias.org/contact2/>

Meetings: First Saturday of each month, 9:00 am at Peter Shoemaker's "Phoenix Shop" at 5906 Main St., Mount Jackson, VA.

Web: <http://www.woodturnersofthevirginias.org/>

AVW Membership Renewal Form

Membership Type (check one): Individual (\$40) _____ Family (\$45) _____

(check one): New _____ Renewal _____

Name: _____

Address: _____

City, State, ZIP: _____

Phone: (____) ____ - ____ Alt. Phone: (____) ____ - _____

Email: _____

Emergency Contact Name: _____

Contact Phone: (____) ____ - _____

AAW Member (yes/no): _____

Active-duty Military (yes/no)? _____ (\$20) Branch? _____

Already a member of an AAW affiliate club (yes/no)? _____ (\$20 discount on Individual and family))

Club name: _____

Check #: _____ Amount: _____ Date: _____

Mail form to the Treasurer with Check or contact treasurer@applevalleywoodturners.info for other payment methods.

Mike Fraser
329 Russell Road
Berryville. VA. 22611